

## 2008 Immunisation Schedule

As a result of the changes to the Immunisation Schedule that came into effect on 1st June, several of the Ministry of Health resources have been revised or new resources produced.

The 2008 National Immunisation Schedule Health Provider Booklet is currently only available online from [www.moh.govt.nz/publicationsbydate](http://www.moh.govt.nz/publicationsbydate), and is to be used in conjunction with the 2006 Immunisation Handbook.

The Ministry of Health has also announced that from September 2008 New Zealand girls aged 12 to 18 years will be offered a free HPV vaccine from their family doctor or practice nurse.

**For more information, visit these websites:**

[www.immune.org.nz](http://www.immune.org.nz)

[www.moh.govt.nz/immunisation](http://www.moh.govt.nz/immunisation)

[www.medsafe.govt.nz](http://www.medsafe.govt.nz)

**Currently we only have copies of the following new or revised resources in stock:**

- MED0041 Pneumococcal vaccine (HP4584)
- MED0089 Childhood Immunisation (HE1323)
- MED0090 Immunisation Certificate (HE7013)
- MED0095 Protect Your Child Poster (HE1221)
- MED0120 Most Immunisations have no... (HE1504)
- MED0136 Immunisation Schedule (HE7011)
- MED0137 Childhood Immunisation Schedule (HE1308)
- MED0147 Immunisation Sticker for Well Child Book (HE1309)
- MED0148 Immunise Your Children (HE1327)
- MED0170 National Immunisation Register (HE1501)

*Te Reo, Pacific and other language variants of these revised resources are not currently in stock, if available.*

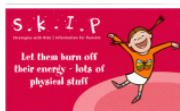
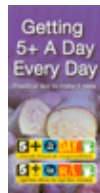
## New Free Resources

Please note that only Ministry of Health and CPH resources can be viewed or ordered from our website: [www.cph.co.nz](http://www.cph.co.nz)



With flu season fast approaching, two new **Getting Ready for a Flu Pandemic** resources have been released specifically for Maori. MAH0025 is the Te Reo version of the generic pamphlet (shown), and MED0010 is for Whanau, Hui, Marae and Tangihanga.

To help increase intakes of fruit and vegetables, we have two pamphlets with excellent ideas on how to add these to the meals that we enjoy through: **Veg up** (NUT0056) and **Getting 5 + a Day Everyday** (NUT0042—shown) which looks at each meal throughout the day and how fruit and vegetables can be included.



Adding to our selection of booklets from SKIP, we can now include magnets (CHH0024) which highlight some key messages.

There are 5 variants and a random selection will be sent when ordered.

CHIC now have available the Te Reo versions of the Office of the Children's Commissioner resources that were highlighted in last newsletter—please contact us to order these items.

As part of the Feeding our Futures campaign, now available is the new Snacks don't have to come in packets fact sheet (NUT0057), which gives easy healthy snack options for the whole family.



A new Ministry of Health pamphlet on **Sudden Unexpected Death in Infancy** (SUDI) formerly known as cot death or SIDS, gives clear simple advice in relation to smoking, breastfeeding, baby's sleeping position, room-sharing and co-sleeping.

### In Need of Some Parenting Tips?

For Families Day (May 15th), The Families Commission launched a great website and online forum for parents, so visit [www.nzfamilies.co.nz/parenting](http://www.nzfamilies.co.nz/parenting).

**families** commission  
kōmihana ā **whānau**

## Revised Resources



We now have in stock the new-look Cervical Screening posters and pamphlets, which are offered in a variety of Pacific languages. Please see the latest stocklist or contact us for the codes.

The new Maori BreastScreen Aotearoa resources are also now in stock: MAH0035 is an A3 Poster, and MAH0036 is the accompanying pamphlet.

Due to Immunisation Schedule changes, the Immunisation Register for Early Childhood Services & Primary Schools (MED0087) has been revised, as have some of the Year 7 Immunisation resources (MED146 and 168), which are for Tetanus, Diphtheria and Whooping Cough, not Polio as stated in the Stocklist. We apologise for this error.

Family Planning's resources Your Choice (SEH0030) and The Word (SEH0064) are also under revision.

## Deleted Resources



A new NZFSA resource, Understanding Food Labels (SAF0008 shown) has amalgamated the content of the following fact-sheets which are now no longer available.

- SAF0108 General Label Requirements
- SAF0109 Allergens, Advisory Warnings
- SAF0110 Date Marking and Storage
- SAF0112 Alcoholic Beverages
- SAF0113 Nutrition Information Panels

Other deletions include

- OLP0012 Driving for Life Flyer
- DRU0049 Stick Together Postcard
- HYG0011 Smile for Life Pamphlet
- SAF0103A 20 Second Rule Sticker
- MED0020 MeNZB: Immunisation for Your Baby
- NUT0045 Iron: The Body's Gold (Te Reo)
- MAH0034 Me Tu Kaha Koe: Auahi Kore Poster
- MAH0027 Immunise - Wai Ngarā... Sticker



Visit us at [www.cph.co.nz](http://www.cph.co.nz)!

### Awareness Dates

### Useful Websites

#### July

2-8	NZCCS Appeal Week
8-12	Neurological Foundation Week
20-26	Alzheimers' Awareness Week
21-27	Women's Refuge Appeal
21-27	Maori Language Week
30-5 Aug	Amnesty International Awareness Week

#### August

1-7	World Breastfeeding Week
4-10	Cystic Fibrosis Appeal Week
7	World Dental Day
9	International Day of Indigenous People
12	International Youth Day
29	Daffodil Day

#### Canterbury West Coast CCS

[www.canterburyccs.org.nz](http://www.canterburyccs.org.nz)

#### Alzheimers New Zealand

[www.alzheimers.org.nz](http://www.alzheimers.org.nz)

#### Women's Refuge

[www.womensrefuge.org.nz](http://www.womensrefuge.org.nz)

#### Korero Maori

[www.korero.maori.nz](http://www.korero.maori.nz)

#### World Breastfeeding Week

[www.worldbreastfeedingweek.org](http://www.worldbreastfeedingweek.org)

#### Cystic Fibrosis Association

[www.cfnz.org.nz](http://www.cfnz.org.nz)

#### Canterbury West Coast Cancer Society

[www.cancersouth.org.nz](http://www.cancersouth.org.nz)



### Need information on physical activity options in your community?

Contact Active Canterbury for links to groups, clubs and classes, or parks, pools, and tracks.

Phone 0800 ACTIVE (228483) or visit [www.activecanterbury.org.nz](http://www.activecanterbury.org.nz)

From the Community Health Information Centre (CHIC) Staff: Sue, Lesley and Claire

Free Health Resources. Supporting active and healthy lifestyles