

# Sexual Health Services in Canterbury

## Christchurch

<p><b>Family Planning</b> Provide a sexual health and reproductive health service. Free visits for those 22 years and under, \$23 for those over 22 without a Community Services Card. Appointments essential.</p>	<p>9 Washington Way 03 379 0514 Mon to Thurs 8am – 8pm Fri 8am – 6.30pm Sat 9.30 – 12 noon (for emergency services only)</p>
<p><b>Sexual Health Clinic</b> Offers free sexual health assessment, treatment advice and counselling.</p>	<p>33 St Asaph Street 03 364 0485 Mon, Tues, Thurs, and Fri 9am – 5pm Wed 9am – 7.30pm</p>
<p><b>NZ Aids Foundation South Te Toka Centre</b> Provides sexual health counselling and HIV testing. Phone ahead for an appointment.</p>	<p>253 Cashel Street 03 379 1953 Mon to Fri 9am – 5pm</p>
<p><b>Kingdom Medical Centre</b> Provides general medical and sexual health services by appointment only.</p>	<p>413 Cashel Street 03 982 0168 Mon to Thurs 9am – 5pm Fri 9am – 1pm</p>
<p><b>Piki Te Ora Health Centre Union and Community Health Centre</b> Free general medical and sexual health services for under 18s.</p>	<p>201 Linwood Avenue 03 381 8048 Mon to Fri 8.30am – 5pm</p>
<p><b>Moorhouse Medical Centre</b> Offers general medical and sexual health services.</p>	<p>3 Pilgrim Place 03 365 7900 Mon to Sun 8am – 8pm Public Holidays 10am – 6pm</p>
<p><b>Public Health Nurses</b> Run free clinics in most intermediate and secondary schools. Provide free condoms and emergency contraception, pregnancy tests and sexual health advice.</p>	<p>Burwood Hospital 03 383 6877 Mon to Fri 8am – 4.30pm</p>
<p><b>Pegasus Health</b> Free sexual health visits for those under 21.</p>	<p>Various locations around the city. Check in the front of the White Pages or visit <a href="http://www.pegasus.org.nz">www.pegasus.org.nz</a> to find a practice near you.</p>

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## Rangiora and Kaikoura

<b>Family Planning Rangiora</b> Provide a sexual health and reproductive health service. Free visits for those under 22, \$23 for those over 22 without a Community Services Card. Appointments essential.	15 Durham Street 03 313 6697 Wed 10am – 2pm Thurs 1.30 – 7pm
<b>Public Health Nurses Rangiora</b> Run free clinics in most intermediate and secondary schools. Provide free condoms and emergency contraception, pregnancy tests and sexual health advice.	03 311 8664 or 03 311 8665 Mon to Fri 8am – 5pm
<b>Kaikoura Medical Centre</b> Free sexual health service for those under 22, including emergency contraception. Charge at doctor's discretion for those over 22.	Deal Street 03 319 5040 Mon to Fri 8.30am – 4.30pm
<b>Public Health Nurses Kaikoura</b> Run free clinics in most intermediate and secondary schools. Provide free condoms and emergency contraception, pregnancy tests and sexual health advice.	03 319 5125 Mon to Fri 8.30am – 5pm