

Sexual Health Services in South Canterbury

Ashburton

<p>Family Planning Ashburton Provides a sexual health and reproductive health service. Free visits for those 22 years and under, \$23 for those over 22 without a Community Services Card. Appointments essential.</p>	<p>Cnr Oak Grove & Elizabeth Street 03 308 1221 Mon 11am – 5.30pm</p>
<p>Hype Youth Health Centre Ashburton A free and confidential one-stop-shop service for youth aged 12-24. Provides free sexual health advice and referral.</p>	<p>Cnr Park & Burnett Streets 03 308 2248 or txt 027 296 1305 Mon, Wed, Fri 2 – 5pm</p>
<p>Public Health Nurses Ashburton Run free clinics in all intermediate and secondary schools. Provide free contraception (including emergency contraception), pregnancy tests and sexual health advice.</p>	<p>Ashburton Hospital Elizabeth Street 03 307 8378 Mon to Fri 8am – 4.30pm</p>
<p>Sexual Health Clinic Ashburton Offers free sexual health checks and treatment. Appointments necessary.</p>	<p>Ashburton Hospital Elizabeth Street 03 307 8453 Wed 2.30 – 3.30pm</p>

Temuka and Timaru

<p>He Oranga Pai Health Clinic Temuka Offers free contraception and sexual health services.</p>	<p>Arowhenua Marae 03 615 7452 Mon to Fri 8.30am – 5pm</p>
<p>Family Planning Timaru Provides a sexual and reproductive health service. Free visits for those 22 years or under. \$23 for those over 22 without a Community Services Card. Appointments essential.</p>	<p>14 Butler Street 03 684 3872 Mon 10.30am – 3pm Wed 10.30am – 3pm, 4.30 – 7pm Fri 10.30am – 3pm</p>
<p>Public Health Nurses Timaru Run free clinics in secondary schools. Provide free advice on contraception and sexual health, free condoms and pregnancy tests.</p>	<p>Woolcombe House 18 Woolcombe Street Timaru 03 687 2320 Mon to Fri 8am – 4.30pm</p>
<p>Sexual Health Clinic Timaru Provides free advice on contraception and sexual health, free STI checks, condoms and pregnancy tests.</p>	<p>Timaru Hospital Cnr Queen & High Streets 03 687 2100 Tues 5 – 7.30pm Thurs 5 – 7.30pm</p>
<p>Youth Health Service Timaru Offers free general and sexual health services for people aged 14 - 25.</p>	<p>Aoraki Polytechnic E Block Arthur Street 03 687 2320 or text 027 477 7510 Tues 3 – 4.30pm</p>